

Fitness- Career Roadmap

		 CWDA Skill Level 1: NF 1-2 (Series 0189)	 CWDA Skill Level 2: NF 3-4 (Series 0188)	 CWDA Skill Level 3: NF 5 (Series 0188)
	Academic Credential Requirement:	Degree-general recreation or appropriate field of recreation and/or specified experience needed; Refer to: opm.gov/qualifications/standards/IORs/gs0100/0189.HTM	Degree-general recreation or appropriate field of recreation and/or specified experience needed; Refer to: opm.gov/qualifications/standards/IORs/gs0100/0188.HTM	Degree-general recreation or appropriate field of recreation and/or specified experience needed; Refer to: opm.gov/qualifications/standards/IORs/gs0100/0188.HTM
	Desired Experience & Education:	Experience: CPR First Aid, MOS, Recreation track, customer Service, Team Work, Dependability, Cash Handling, Responsiveness, Ability to follow instructions, and Familiar with fitness programs.	Experience: Supervision and Training of personnel, Financial Mgmt, Public Speaker, Advanced Leadership, Executive Skills Management, Facility Construction & Design Input, Exercise physiology, Nutrition Health Promotion, Planning and Setting priorities. Education: Bachelors Degree in related field to Fitness	Experience: Executive level experience with budgets, relevant programs, planning, personnel, written & verbal communication, and familiar with organizational structure. Education: Bachelors Degree in related field to Fitness
	Competency Requirements:	<ul style="list-style-type: none"> • Administrative Activity • Communication • Confidentiality Compliance • Conflict Resolution • Cooperation/Teamwork • Customer Service • Customer Service-Orientation • Data Gathering • Facility Operations • Generating Revenue • Information and Referral • Internal Control • Inventory Control • Janitorial Processes and Supplies • Leadership • Mission Focus • Partnering • Problem Solving • Professionalism • Program Execution • Program Identification and Implementation 	<ul style="list-style-type: none"> • Administrative Activity • Communication • Confidentiality Compliance • Conflict Resolution • Cooperation/Teamwork • Customer Service • Customer Service-Orientation • Data Gathering and Analysis • Facility Management • Generating Revenue • Information and Referral • Internal Control • Inventory Control • Janitorial Processes and Supplies • Leadership • Mission Focus • Partnering • Problem Solving • Professionalism • Program Execution • Program Identification and Implementation 	<ul style="list-style-type: none"> • Administrative Activity • Communication • Confidentiality Compliance • Conflict Resolution • Cooperation/Teamwork • Customer Service • Customer Service-Orientation • Data Gathering and Analysis • Facility Management • Generating Revenue • Information and Referral • Internal Control • Inventory Control • Janitorial Processes and Supplies • Leadership • Mission Focus • Partnering • Problem Solving • Professionalism • Program Advocacy • Program Execution

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CWDA Skill Level 3: NF 5
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Competency Requirements:

- Program Management – Inclusion
- Program Operations 1
- Program Operations 2
- Program Operations 3
- Program Operation-Design
- Public Speaking
- Risk Management
- Risk Management/Hazardous Materials
- Safety Management 1
- Safety Management 2
- Safety Management 3
- Stress Tolerance

- Program Needs Assessment
- Program Management 1
- Program Management 2
- Program Management 3
- Program Management – Inclusion
- Program Operation-Design
- Program Operation-Instruct
- Program Planning and Management
- Public Speaking
- Resource Management 1
- Resource Management 2
- Risk Management
- Risk Management/Hazardous Materials
- Safety Management 1
- Safety Management 2
- Safety Management 3
- Situational Awareness
- Stress Tolerance

- Program Identification and Implementation
- Program Management Needs Assessment
- Program Management 1
- Program Management 2
- Program Management 3
- Program Management – Inclusion
- Program Operation
- Program Planning and Management
- Public Speaking
- Resource Management 1
- Resource Management 2
- Risk Management
- Risk Management/Hazardous Materials
- Safety Management 1
- Safety Management 2
- Safety Management 3
- Situational Awareness
- Stress Tolerance



Experience Requirement:

NF: Direct application of OPM position classification standards supplemented by DoD guides.

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Other Certifications:

CPR, First Aid, AED, LERN, Group Exercise , Personal Training, Strength Training Accredited, Relevant Fitness Certification.

Advanced Fitness, Strategic Business Plan, CSCS, Strength Certification



Desired Leadership Competency Level (CLD):

Foundation

Foundation, Supervisory

Foundation, Supervisory, Management

Career Opportunities

Related Job Series: The chart below identifies Job Series within the occupational group with the greatest similarity in scope of work and competencies. Click on an icon to see the Career Roadmap for the Job Series.



Competencies: You may determine how closely your competencies match the related Job Series by conducting a Self- Assessment within [CWDA](#).

Additional Opportunities: You may conduct a Self-Assessment within CWDA for any Job Series represented within the Marine Corps to determine how closely your qualifications and competencies match other opportunities. For a comprehensive list of Job Series, [click here](#).