DoD Height/Weight Standards

Males			Females		
HEIGHT	Maximum Standard	Minimum Standard	HEIGHT	Maximum Standard	Minimum Standard
(Inches)	(Pounds)	(Pounds)	(Inches)	(Pounds)	(Pounds)
58"	131	91	58"	119	91
59"	136	94	59"	124	94
60"	141	97	60"	128	97
61"	145	100	61"	132	100
62"	150	104	62"	136	104
63"	155	107	63"	141	107
64"	160	110	64"	145	110
65"	165	114	65"	150	114
66"	170	117	66"	155	117
67"	175	121	67"	159	121
68"	180	125	68"	164	125
69"	186	128	69"	169	128
70"	191	132	70"	174	132
71"	197	136	71"	179	136
72"	202	140	72"	184	140
73"	208	144	73"	189	144
74"	214	148	74"	194	148
75"	220	152	75"	200	152
76"	225	156	76"	205	156
77"	231	160	77"	210	160
78"	237	164	78"	216	164
79"	244	168	79"	221	168
80"	250	173	80"	227	173

Marine Corps Body Composition Standards

Age Group	Male	Female
17-26	18% BF	26% BF
27-39	19% BF	27% BF
40-45	20% BF	28% BF
46+	21% BF	29% BF